

## breakfast selection continental buffet

### CEREAL AND GRAINS

muesli accompanied by a selection of dried fruits and nuts

### FRESH BAKED BREAKFAST BREADS

muffins, bagels, breads and Nan's scones

### STE. ANNE'S YOGHURT

natural yoghurt freshly made in-house

### FRUIT PLATTER

assorted fresh fruits in season

### STE. ANNE'S GRANOLA

gluten-free and freshly made in-house

Ste. Anne's Spa prides itself in providing locally grown ingredients at every opportunity

## hot entrées

For your dining pleasure all hot entrées are served with your choice of potato, peameal bacon and beef sausage

### MULTIGRAIN PANCAKES

seeded pancakes served with local maple syrup and warm apples

### EGGS BENEDICT

english muffin, peameal bacon and poached eggs topped with our classic Hollandaise sauce

### EGGS FLORENTINE

english muffin, spinach and poached eggs topped with our fresh Mornay sauce

### BLENDED OMELETTE

2 eggs with your choice of onion, mushroom, pepper, spinach and cheddar cheese served with wheat or rice toast

### SMOKED SALMON SCRAMBLED EGGS

2 eggs blended with Atlantic smoked salmon served with wheat or rice toast

### WARM OATMEAL

rolled oats served with brown sugar and dried cranberries

Herbs and vegetables are organically grown in our own gardens according to the season